



MISSION

Second Harvest Food Bank of Middle Tennessee's mission is to provide food to people facing hunger and work to advance hunger solutions.

LETTER FROM THE PRESIDENT & CEO

Throughout another challenging year, your generous support of Second Harvest Food Bank of Middle Tennessee helped provide vital, nutritious food for countless children, families, and seniors facing hunger in our community. Second Harvest began the fiscal year in the middle of a continuing global crisis unlike any we have ever experienced. With the emergence of new variants, new closures, and continued economic hardship, the "unprecedented times" we've collectively been enduring have lasted longer than any of us could have imagined. Yet, as the year progressed, the changes and challenges evolved into new opportunities for growth and innovation across our 46-county service area.

Partnering with Amazon and Lyft, we delivered food directly to people who were homebound. A new produce box program enabled our organization to turn bulk produce donations into volunteer-packed boxes, filled with a variety of fruits and vegetables, which were safely delivered out into the community. Local school and college food pantry programs helped students and families access the food they needed so they could learn and thrive. And our continued focus on the correlation between hunger and health developed into new partnerships with local health systems and the creation of new food pharmacies in our communities.

This all occurred against a backdrop of supply chain bottlenecks and other economic forces that touched every aspect of our operations. Overcoming these challenges was no easy feat. Second Harvest pushed forward and worked towards our mission thanks to the help of selfless volunteers, generous donors, hardworking staff, devoted board members, and a network of more than 420 Partner Agencies that work tirelessly to serve their communities.

In this report, you will read about the many ways you have helped make a positive and lasting impact for those facing hunger in Middle and West Tennessee. People like Korina, who relied on food you provided to be able to pursue, and achieve, her dream of graduating college. And John, who was forced to retire from his career as a corrections officer due to a medical condition now relies on meals provided through a Second Harvest Partner Agency to make ends meet.

> As we embark on a new fiscal year, we're hopeful for the future. The last couple of years have shown us what we're capable of and what we can accomplish when we all work together. Thank you for believing in us and for standing alongside us. We couldn't do this work without you.









OUR CORE VALUES

Collaboration • Inclusion • Innovation • Integrity • Wellbeing

HOW WE WORK

WHERE IT ALL STARTS

Our food comes from a variety of sources. We receive donated and surplus food from grocery stores, farms, manufacturers, distributors, and individuals. We then bring the food to one of our three facilities where it's inspected and sorted by volunteers, then safely stored for future distribution.

WHAT WE DO

Storing and delivering food safely is a complex undertaking, requiring warehouse space, refrigerated trucks, fuel, drivers, and so much more. In addition to accepting surplus food, we also raise funds and write grants to buy food at bulk prices, fund feeding programs, and cover operating costs.

SECOND HARVEST FOOD BANK OF MIDDLE TENNESSEE

WHY WE'RE INDISPENSABLE

Massive quantities of food get dumped into landfills, yet 1 in 8 Middle and West Tennesseans is at risk of hunger. This is partially a logistics problem. Thanks to our donors and volunteers, we have the space and the workforce to manage large shipments, break them into smaller units, and send them at the right time and in the right quantity to our network of Partner Agencies across 46 counties.

WHERE IT GOES

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Our Partner Agencies include after-school programs, congregate meal sites, senior centers, and other nonprofits that provide food to people facing hunger. Each community agency has unique needs. We send them as much food as they can safely store, and the right types of foods to keep their clients healthy and happy. Together, we're fighting hunger and Feeding Hope®.



FEEDING PROGRAMS

At-Risk Afterschool Meal Program

Second Harvest sponsors 9 At-Risk Afterschool Meal Programs in Middle Tennessee and provided nearly 50,000 meals to participating children. The program runs for 10 months during the school year, and food costs are reimbursed through the Child & Adult Care Food Program (CACFP).

BackPack Program

The BackPack Program provides easy-to-prepare food for at-risk children on weekends and during school breaks when other resources are not available. More than 5,400 children received BackPacks each week.

Commodity Supplemental Food Program (CSFP)

CSFP works to improve the health of low-income elderly persons at least 60 years of age by supplementing their diets with nutritious USDA Foods. CSFP is a USDA-funded program that is contracted by the Tennessee Department of Health and provides a monthly food box to participating low-income seniors.

Emergency Food Box Program

The Emergency Food Box Program provides food assistance to individuals and families on an urgent-need basis through 11 sites in Davidson County. More than 1 million meals were provided through emergency food boxes, which include two to three days of staple food items based on the number of people in the household.

Farm to Families

The Farm to Families Program engages farmers and Partner Agencies to supply locally grown, nutritious produce to those in need, ensuring less food goes to waste.

Grocery Rescue Program

Second Harvest rescues, sorts, and distributes frozen meat, dairy, produce, and dry groceries from more than 300 grocery stores and food donors. The Grocery Rescue Program rescued more than 6.7 million pounds of food.

Kids Cafe

Kids Cafe provides free meals, snacks, and nutrition education to at-risk children through a variety of community programs during the school year and in the summer months. Participating children received nearly 24,000 meals and snacks.

Mobile Pantry

Second Harvest coordinates large-scale, one-day distributions with Partner Agencies to provide food directly to individuals and families in need. A typical Mobile Pantry provides a family with one to two weeks of groceries. More than 140,000 individuals received assistance through this program.

Volunteers gathered to distribute fresh fruits, vegetables, and shelf-stable essentials to over 300 households at a Mobile Pantry held at Destiny Center, a Second Harvest Partner Agency in Rutherford County.

Partner Agencies

Second Harvest distributes food and other products to more than 420 community Partner Agencies in Middle and West Tennessee. Partners include food pantries, congregate meal sites, shelters, childcare facilities, senior centers, group homes, and enrichment centers.

Second Harvest is grateful to have partnered with The Branch of Nashville, one of our Partner Agencies, to provide produce for over 200 culturally-informed food boxes as part of a Ramadan project. This project served as part of a larger effort to welcome Afghan refugees to

our Middle and West Tennessee communities.

Project Preserve®

Project Preserve® leverages economies of scale, manufacturing, and logistics expertise to provide a comprehensive co-op and manufacturing program for Partner Agencies and the Feeding America food bank network. This operation produces boil-in-a-bag and tray-pack meals and assembles custom disaster relief and feeding program products.

School Food Pantry Program

The School Food Pantry Program increases food access for schoolchildren and their families.

School-based pantries have a permanent residence on-site where food is delivered and distributed each month. Nearly 300,000 meals were provided through 50 sites.

Senior Nutrition Program

The Senior Nutrition Program provides lowincome seniors with food resources that are nutritious, easy-to-prepare, and shelf-stable. The "senior packs" are distributed weekly or monthly depending on our Partner Agency needs.

Summer Food Service Program (SFSP)

Second Harvest sponsors the Summer Food Service Program (SFSP) at sites throughout Middle Tennessee each summer. Through this program, we provided more than 6,000 breakfasts and lunches in the summer of 2022 to help ensure that children continued to receive nutritious meals when school was not in session.



Our Summer Food
Service Program
(SFSP) is vital
to families like
Charlie's. Charlie
now lives with
her grandmother
and older sister,

Riley, after her mother suddenly passed away in

2019. The food she receives while attending Big Sandy CCOC is fueling her dreams to become an ELA teacher someday. It also means Charlie never has to worry about where her next meal will come from thanks to this program.

Supplemental Nutrition Assistance Program (SNAP) Outreach

Second Harvest offers SNAP outreach and application assistance at our Emergency Food Box sites, Mobile Pantry distributions, and Partner Agency locations. We share information about the benefits and provide prescreening for people who may qualify. Nearly 1,500 SNAP applications were completed by providing direct client assistance.

STORIES OF HOPE



The Lopez Family is Thankful for Your Generosity

Aura and her two daughters walked to Glenview Elementary in Davidson County to receive

Thank you. Thank you. Thank you. This is wonderful.

warm meals provided by Second Harvest, along with diapers and school items provided by the school. Five-year-old Angela was excited to see her teachers, and Aura was thankful for the food she received. "Thank you. Thank you. Thank you. This is wonderful," Aura said with appreciation.

Gladys & Casper Are Living Happier, **Healthier Lives**

Gladys and her son Casper just returned to Nashville to seek treatment for Casper's developmental disabilities. Casper's condition requires a special diet of mostly fresh vegetables. "Fresh food...let's face it," Gladys says,

"That's the most expensive food on the shelves." Living with a limited income and no car makes getting the vegetables Casper needs challenging. When Gladys heard about the Juneteenth Health & Wellness Fair sponsored by Meharry Medical Clinic and UnitedHealthcare, she was

It might just be me and Casper, but I am not doing this alone!



ecstatic! The family received a medical checkup and fresh produce from Second "Harvest. "It might just be me and Casper," Gladys says, "but I am not doing this alone!"





You're Setting Katelin **Up for Success**

Katelin, a fifth grader in Warren County, is really committed to getting good grades. After school, you'll find her plugging away at her homework. Her mom works long hours as a Certified Nursing Assistant. "My mom works extra hard," Katelin says. That's why coming to the Kids of the Community Afterschool and Summer Programs is such a great experience for Katelin. "It can be tough to get homework done on an empty stomach," she says. "We get big suppers here so that is nice to have before we start our schoolwork."

You Help Richard Afford Crucial Medication

Richard's diabetes requires him to monitor his glucose, take insulin, and eat a variety of fresh, nutritious food. Unfortunately, insulin and healthy food are more than Richard can afford. "One of my prescriptions is \$700 a month and the other is \$600 a month," he says. Fortunately, with the help of Second Harvest and the United Ministries Food Bank of Robertson County, Richard can get the food he needs, which means he can more easily afford his medication! "If it weren't for y'all," Richard says, "I'd be in trouble. Y'all are awesome people."





Forced to Stop Work, John **Turns to Second Harvest**

John loved his career as a corrections officer, but a medical condition forced him into retirement. While John's family still has his wife's income as a hairdresser, it isn't enough. Waiting for John's disability benefits application to be processed, they are quickly using up the limited savings they have. They know they won't last long. "It's been tough waiting to see if I can get benefits," he says. They are grateful to receive help from St. Paul Missionary Baptist Church, a Partner Agency located in Decatur County.

"The food means a lot and I'm thankful to receive it," John says.



OUR IMPACT



41.6 M
Pounds of Food Distributed





45,017
Hours Generously Donated

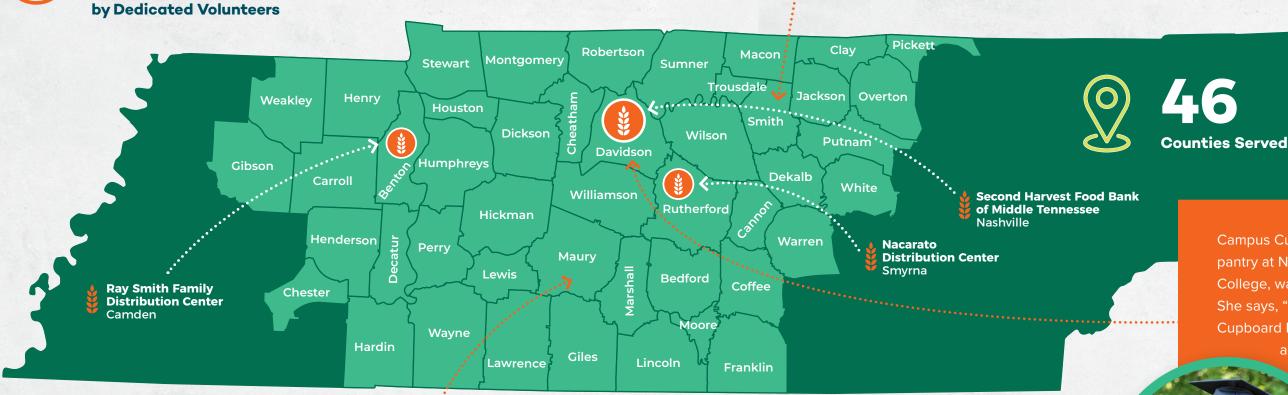


Dorothy has been a client of Living Waters Mobile Pantry when she was in need of food assistance, and a volunteer helping neighbors receive the support they need.

"This is what we do in Smith County, everybody loves everybody.

We all get along and we all help each other where we can and when we can," Dorothy shared with us. "That is one of the reasons I love this town. I love it here."





Campus Cupboard, a community
pantry at Nashville State Community
College, was a real lifeline for Korina.
She says, "I knew about the Campus
Cupboard Program when I first enrolled
and thought it was a great

resource. It wasn't until
my family had to
use it that I truly
understood how
vital it is." Thanks
in part to this
resource, Korina
achieved her
lifelong dream
of graduating
from Nashville State

Community College!

In the last five years, Farm Bureau Health Plans has helped Second Harvest distribute more than 125,000 pounds of food to more than 1,200 households in Maury County by sponsoring Mobile Pantries. "Being of service is fundamental to who we are as a company," said CEO Anthony Kimbrough. "Giving back to the community through Second Harvest is just another way we can support our neighbors during a tough time."

CP)

11.3 M

Pounds of Fresh
Produce Distributed



96¢

Of Every Dollar Donated Goes Directly to Feeding Programs

FIGHTING HUNGER, FEEDING HOPE®

Confronted with new COVID-19 variants and dealing with all-time high inflation, Second Harvest collaborated with partners and supporters to fight food insecurity and meet the growing need for our neighbors in Middle and West Tennessee.



On-Site Food Pantries in Healthcare Clinics Address Health and Hunger

Made possible by a grant from
UnitedHealthcare, patients who come
in for wellness check-ups, sick visits, or
vaccinations are able to access food from
pantries at eight Neighborhood Health
Clinics in Davidson and Wilson Counties.
This year, Second Harvest's partnership with
Neighborhood Health provided more than
1,050 patients with nearly 50,000 pounds of
food – equaling nearly 42,000 meals.

Local Farmers Deliver Hope

Dillon Watson dropped off fresh produce from River Run Farm that was then sorted by our amazing volunteers at the Martin Distribution Center. On this day, Dillon delivered 88 pounds of carrots, zucchini, and squash that were then distributed across our 46 counties in Middle and West Tennessee.



Celebrating for a Good Cause

Events were back this year! Dinner with a purpose, Songwriter's Night, Ode to Otha, Stars for Second Harvest, and even a pared-down version of Generous Helpings, were lively reminders of how generous this community is. Your support and attendance at these events helped raise an incredible \$413,000 to provide 1.6 million meals!



Giving Thanks by Giving Back

At Henderson Community Soup Kitchen, a Second Harvest Partner Agency, community members gathered to enjoy a Thanksgiving meal of roast turkey and all the fixings with the help of generous volunteers. This year's annual Thanksgiving meal service provided more than 150 neighbors with a hot meal and an opportunity to gather and give thanks.



Volunteering while Learning Important Skills

Tennessee School for the Blind has been volunteering at Second Harvest for the last five years. By volunteering, the students are able to give back while learning important skills like teamwork and collaboration. "They like the feeling of helping other people. So often they are the recipients of charity, but this is their opportunity to help others and they love that!" Robin from the school shared.

Titan Up

His team may not be competing in the Super Bowl; however, one Tennessee Titans super fan celebrated an incredible season with an incredible act of generosity. Chris Casa Santa of Joelton and his wife, Tricia, have been Titans season tickets holders since the team moved to Nashville. Two seasons back, the retired school guidance counselor decided to make the games a little more interesting. He committed to donating \$10 to Second Harvest for each time the Titans stopped their opponent on the third down. Over the past two seasons that has equaled \$2,100 - providing 8,400 meals to our neighbors facing hunger.





The Commodity Supplemental Food Program (CSFP) assists our senior neighbors by delivering healthy food options from the USDA directly to their doors. One of our neighbors who participates in CSFP left this note to show their gratitude for these deliveries.

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PROUDLY SERVING 46 COUNTIES

in Middle and West Tennessee

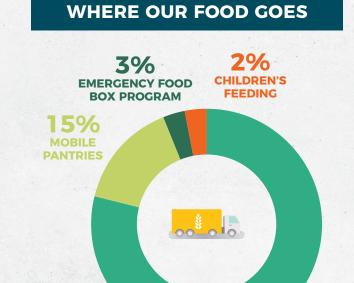
COUNTY	Partner Agencies	Food-Insecure Individuals	Food-Insecure Children	TOTAL MEALS PROVIDED
BEDFORD	13	6,290	2,060	1,013,325
BENTON	5	2,800	590	355,459
CANNON	1	2,030	490	179,972
CARROLL	4	4,150	1,090	319,731
Т СНЕАТНАМ	4	4,500	920	277,591
CHESTER	3	1,890	470	188,552
CLAY	1	1,420	320	140,687
COFFEE	18	8,200	2,380	1,514,917
DAVIDSON	125	85,410	27,420	9,307,164
DECATUR	3	1,780	440	231,476
DEKALB	5	3,430	880	322,433
DICKSON	4	6,380	1,560	552,744
FRANKLIN	4	6,360	1,540	364,862
GIBSON	8	6,850	2,150	730,019
GILES	8	4,010	970	521,283
HARDIN	4	3,750	910	528,712
HENDERSON	7	4,390	1,050	406,196
HENRY	6	5,240	1,450	448,760
HICKMAN	2	3,150	670	453,199
HOUSTON	3	1,190	290	157,697
HUMPHREYS	6	2,580	600	392,049
JACKSON	1	1,860	390	290,790
LAWRENCE	7	6,650	1,790	425,815
LEWIS	3	1,980	470	863,366

COUNTY	Partner Agencies	Food-Insecure Individuals	Food-Insecure Children	TOTAL MEALS PROVIDED
LINCOLN	5	4,500	1,160	265,931
MACON	4	3,540	930	286,214
	4	4,960	1,320	342,437
MAURY	20	10,080	2,870	1,223,623
MONTGOMERY	21	24,830	9,160	1,659,611
MOORE	1	650	100	46,162
OVERTON	2	3,390	780	297,217
PERRY	1	1,500	420	205,069
PICKETT	1	800	180	69,363
PUTNAM	21	10,870	2,540	836,240
ROBERTSON	6	7,460	2,120	477,772
RUTHERFORD	22	32,690	9,840	2,396,433
SMITH	2	2,610	650	249,588
STEWART	5	1,810	460	261,312
SUMNER	19	20,020	5,400	1,277,368
★ TROUSDALE	3	1,190	250	132,319
WARREN	4	6,960	2,090	455,300
WAYNE	3	2,380	470	196,828
WEAKLEY	5	4,990	1,190	351,827
WHITE	5	3,710	850	300,639
WILLIAMSON	9	14,280	1,450	2,539,078
WILSON	19	13,650	3,240	879,826
TOTALS	427	353,160	98,370	34,736,955

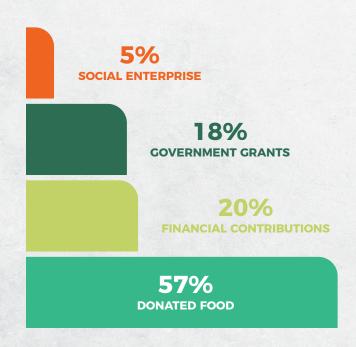
OUR RESOURCES

WHERE OUR FOOD COMES FROM





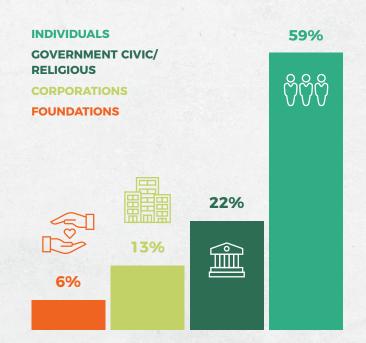
WHERE OUR RESOURCES COME FROM



WHERE OUR FUNDING COMES FROM

80%

PARTNER AGENCIES



STATEMENT OF ACTIVITIES

PUBLIC SUPPORT AND REVENUE	Without Donor Restrictions	With Donor Restrictions	TOTALS
DONATED FOOD	52,191,656	-	52,191,656
CONTRIBUTIONS	14,862,617	2,733,041	17,595,658
CONTRIBUTIONS (NON-FINANCIAL ASSETS)	79,049	-	79,049
GOVERNMENT GRANTS (CASH)	2,387,125	-	2,387,125
GOVERNMENT GRANTS (COMMODITIES)	14,517,558	-	14,517,558
SPECIAL EVENTS AND ACTIVITIES	413,680	-	413,680
Less: direct benefits to donors	(67,908)	-	(67,908)
INVESTMENT INCOME (LOSS), NET	(3,695,919)	-	(3,695,919)
AGENCY TRANSPORTATION REIMBURSEMENT AND OTHER INCOME	226,379	-	226,379
NET ASSETS RELEASED IN SATISFACTION OF PROGRAM RESTRICTIONS	1,984,561	(1,984,561)	-
TOTAL PUBLIC SUPPORT AND REVENUE	82,898,798	748,480	83,647,278

REVENUE - PROJECT PRESERVE® PROGRAM	Without Donor Restrictions	With Donor Restrictions	TOTALS
SALES TO OUT OF AREA NETWORK AGENCIES, NET OF DISCOUNT	43,241,309	-	43,241,309
SALES TO LOCAL AGENCIES	2,719,483	-	2,719,483
DONATED FOOD	167,466	-	167,466
TOTAL REVENUE PROJECT PRESERVE® PROGRAM	46,128,258	-	46,128,258
LESS DIRECT COSTS & EXPENSES PROJECT PRESERVE® PROGRAM	(41,181,152)	-	(41,181,152)
GROSS PROFIT FROM PROJECT PRESERVE® PROGRAM	4,947,106	-	4,947,106
TOTAL SUPPORT AND REVENUE	87,845,904	748,480	88,594,384

EXPENSES	Without Donor Restrictions	With Donor Restrictions	TOTALS
PROGRAM SERVICES			
Emergency Food Box	2,576,345	-	2,576,345
Community Food Partners	62,224,710	-	62,224,710
Children's Programs	2,092,384	-	2,092,384
Mobile Pantry	14,449,633	-	14,449,633
TOTAL PROGRAM SERVICES	81,343,072	-	81,343,072
SUPPORTING SERVICES			
Management & General	1,292,115	-	1,292,115
Fundraising	3,414,936	-	3,414,936
TOTAL SUPPORTING SERVICES	4,707,051	-	4,707,051
TOTAL EXPENSES	86,050,123	-	86,050,123
CHANGE IN NET ASSETS	1,795,781	748,480	2,544,261
NET ASSETS - BEGINNING OF YEAR	51,704,985	1,547,251	52,252,236
NET ASSETS - END OF YEAR	53,500,766	2,295,731	55,796,497



Second Harvest Food Bank of Middle Tennessee 331 Great Circle Road Nashville, TN 37228

secondharvestmidtn.org

OUR VISION

A community where no one is hungry.



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